



POSTURING FOR HEALTH & LIFE

**We identify and prevent musculo-skeletal issues that
Impact workers' health and productivity**

Posturing for Health and Life provides a comprehensive array of assessment and training programs to identify and prevent musculo-skeletal issues. This is accomplished through detailed postural analyses of individual employees, with special attention paid to their physical abilities, limitations, challenges and types of muscular fatigue or pain. Employee data are gathered via 1:1 interviews, photos and videos.

Diane Talbot

Director, Client Services

978.998.3173

dianet@quadranths.com

Quadrant Health Strategies, Inc.
500 Cummings Center, Suite 4350
Beverly, MA 01915